



## Postage and Packing Rates from March 2015

For both website and purchase orders, P&P is calculated according to the total weight of your order and your shipping location.

If you are preparing a purchase order you can use our website to calculate the correct postage and pricing. Just add the items to your basket and go as far as the checkout, choosing your shipping country from the drop down menu. You can then print off the page for your procurement department. Alternatively, contact us before sending us your order and we can calculate shipping for you. Please allow a few days for us to respond.

UK shipping bands are as follows:

<b>Weight band</b>	<b>UK Mainland, £</b>	<b>Carrier</b>
<b>Up to 99g</b>	1.00	Royal Mail 2 <sup>nd</sup> class
<b>0.1kg – 1.6kg</b>	3.95	Royal Mail 48-hr tracked
<b>1.6kg – 5kg</b>	5.50	Royal Mail 48-hr tracked
<b>5kg – 15kg</b>	10.00	Royal Mail 48-hr tracked
<b>15kg – 30kg</b>	15.00	Courier
<b>30kg–45kg</b>	20.00	Courier
<b>45kg–60kg</b>	30.00	Courier
<b>&gt;60kg</b>	40.00	Courier

Shipping to Europe is by courier. Costs and delivery times vary depending on location. You can use our website to calculate the cost by placing items in your basket and going to the checkout.

If you are outside Europe or the website is unable to calculate shipping for your location please contact us directly for a shipping quote.

Please contact us via email [books@laleche.org.uk](mailto:books@laleche.org.uk).